

DEEP DIVE:

Curriculum area: PE



'Excellence Every day'



INTRODUCTION

Our curriculum is at the heart of our educational provision, offering a broad and exciting daily offer to ignite a love of learning in all of our pupils.

Our vision is focused on ambition, aspiration and progression and this is delivered through our curriculum model.

All of our pupils have the opportunity to experience hands-on learning and experiences which enrich their classroom activities. This may be through trips, external visitors to the schools or virtual experiences as well as workshops. Our aim is to close the gap in disadvantage and offer all pupils an inspiring provision which gives equal access to all.

Learning in **Illuminate Minds Trust schools** is more than the acquisition of skills and knowledge. It is also the chance to widen opportunities and expose pupils to a world beyond their lived experiences. We see our role as preparing children and young people for life and society, helping to build sustainable communities where people care about each other and the world around them.

Every subject area has a curriculum which is constructed carefully around sequential learning, revising prior learning and recognising the links between this and future steps. Embedded within each area are enrichment experiences, references to career choices and links to cultures and backgrounds which reflect our pupil population.

Choice is central to our learning offer. Our schools want to equip pupils with the confidence to make their own choices and exposure to experiences which inform those choices. You cannot consider a path in life of which you are unaware.

In order to grow and develop, it is vital that our pupils have the confidence and motivation to accept challenges and recognise that learning is not always easy. We want our pupils to face challenges without fear and know that they can make mistakes, because life will throw things at them and they have the ability to solve problems and overcome them. Success breeds success. Having confidence through actually seeing you can achieve and you can find a way through difficulties is key in continually building the self-awareness and resilience which will enable our pupils to manage themselves through life. Recognising the value of education and knowing that life is about continual learning means that loving learning from the outset is vital. Our curriculum in every subject is shaped to take children on that journey....

CURRICULUM AREA: PE

Intent

At Illuminate Minds, we aim to provide children with the skills, habits, and knowledge to not only become healthy, stable and contributing members of society, but also leaders of the community. Physical Education instils the core values that ensure our children are educated to live a healthy lifestyle and are enthused to continue into adulthood. Across the PE curriculum, we aim to develop children's physical, social and cognitive literacy to obtain the skills and knowledge in health and sport.

Implementation

We currently use the PE Passport scheme to support the delivery of our PE curriculum. Our PE curriculum aims to ensure that all pupils develop the fundamental skills and competence to excel in a wide range of physical activities. Our lessons focus on the underlying skills needed to achieve at any physical activity, through a fundamental skill focus whilst ensuring our learners are confident and competent to lead, be creative and compete across a number of disciplines. Equally, through quality teaching and learning across our curriculum and school life, children will be given formal and incidental experiences of health and wellbeing, in order to ensure a holistic health education.

Impact

By the time children leave our schools they will have the knowledge and understanding of the importance of a healthy lifestyle through making healthy choices during break and lunch times, choosing to be physically active as opposed to sedentary and will be able to justify their healthy choices. Our children will learn to collaborate with their peers and community, by displaying excellent leadership through the application of their knowledge and skills into the wider community.

Cultural Capital

A high-quality physical education curriculum can inspire all pupils to succeed and excel in competitive sport and other physically demanding activities. We are improving our programme of intra and inter school competitions, which

- will provide opportunities for pupils to participate in competitive sports and activities both in and beyond the curriculum. We are equally developing our
- links to outside agencies and clubs, which will help to generate positive
- interaction in the community.



CURRICULUM AREA: PE

Equality and Diversity

Our PE curriculum will be inclusive and ensure that pupils of all abilities access the activities where they are physically active for sustained periods of time in order to encourage them to lead healthy lives. Opportunities will be provided for pupils to take on leadership roles where they can build character skills and embed values such as responsibility, honesty, confidence and respect.

Our SEND Approach

Through developing a physical literacy this will allow pupils to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such fair play and respect. It also contributes to the development of a range of important cognitive skills such as decision-making and analysis, and social skills such as teamwork and communication. Our Quality First Teaching supports all learners so that they are able to succeed in all areas of PE.

